Abstract Content: The purpose of this study is to understand the essence of beauty in nursing from the carers’ perspectives. The results can be used as a reference in raising the appreciation of beauty in nursing, and in advancing the quality of patient care. A descriptive phenomenological method was used to explore the essence of beauty in nursing. Unstructured one-to-one in-depth interviews were utilized for the data collection. Each interview lasted approximately 1-2 hours. Participants were selected by purposive sampling. Participants were those carers whose families were inpatients that had been taken care of by nurses. The interviews were focused on the carers’ perception of the essence of beauty in nursing. Narratives were analyzed through Colaizzi’s (1978) seven steps method. Data saturation was achieved after interviewing 18 carers. Five themes and nine sub-themes were identified. These included: professional image beauty (the beauty of professional physical image and professional attitude image), attentive beauty (the beauty of attention and interaction), caring beauty (the beauty of supporting and caring), professional dedication (the beauty of selfless and patients’ priority) and united beauty (the beauty of cooperation). The essence of beauty in nursing from the carers’ point view through the research findings provided a thorough insight into how carers view their nurses. The results could be used as a teaching and reference tool to raise the standard of nursing care and eventually the quality of patient care.

Disclosure of Interest: None Declared

Keywords: beauty in nursing, carers’ perspectives, essence